

ARC Quarterly Meeting ~ Meeting Minutes

Date: May 13, 2014

Location: Just For Health School

Attendees: Diane Ahonen, Marsha Bowen, Cindy Cain, Adrienne Fahy, Cynthia Ford, Marcia Franks, Jodie Hansen, Storm Koski, Rachel Lord, Kelly McKinney, Pam Moser, Elana Patino, Laurine Piper, Todd Richter, Beth Schroeder, Jean Starling, Janice Sullivan, Dwight Weeks and Debbie Zalman – 19 members.

ARC President Diane Ahonen called the meeting to order at 6:00 p.m.

Business Meeting:

- Welcome new ARC Members Marsha Bowen, Cindy Cain and Storm Koski!
- Election ballots were distributed and completed by attendees for new ARC Treasurer and Recording Secretary for the upcoming membership year July 1, 2014 through June 30, 2015. Cynthia Ford was nominated as the Treasurer, no member objected, Cynthia Ford has been elected as ARC Treasurer. One member was nominated as the Recording Secretary; however, that person declined the position. At this time we do not have a member for ARC Recording Secretary.
- The organization thanks Janice Sullivan and Beth Schroeder for their service to ARC as board members.
- Rachel Lord announced that the Just for Health School has been sold. The new owners will continue to offer the school space to ARC for their future meetings.

Continuing Education:

- Kellie Limpede, Certified Massage Therapist and Thai Massage Therapist, conducted a workshop called “Foot Alignment Series Using Thai Body Work Techniques.” Members followed Kellie’s instruction and learned basic Thai Massage techniques for the feet and lower legs. All members agreed the workshop was fantastic and took away knowledge they could use immediately in their practice.
- You can reach Kellie Limpede at Body and Sole Healing Connections, 274 Union Blvd, Suite 105, Lakewood CO 80228 and by phone at 303-986-0733.
- ARC members earned three hours of continuing education credits for participating in this workshop.

ARC President Diane Ahonen called the meeting to a close at 9:00 p.m.

Respectfully submitted,

Beth Schroeder,
ARC Recording Secretary